Resolution Three- Attitude

I resolve to have a positive attitude in all situations.

Airplane Attitude Indicator

The performance of the airplane depends on its \_\_\_\_\_\_\_\_\_\_\_\_well I believe it works the same for humans as well.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ AND \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ HAVE THE SAME INFORMATION!

STORY OF THE 12 SPIES

Numbers 13:17-33

After reading this setting of scripture, in your own words describe what happened.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

* We see here your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_is connected to how you view \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

NEGATIVE ATTITUDES CAN LEAD TO FOUR THINGS

1. Negative thinking makes things more difficult and blows things out of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
2. Negative thinking creates \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at critical decision time.
3. Negative talking is \_\_\_\_\_\_\_\_\_\_\_.
4. Negative thinking \_\_\_\_\_\_\_\_\_\_\_\_\_ God and our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Deuteronomy 1:28

Where can we go up? Our brethren have made our hearts melt, saying, “The people are bigger and taller than we; the cities are large and fortified to heaven. And besides, we saw the sons of the Anakim there.”’

Mark 6:1-6

Chuck Swindoll states a quote I love to share, “I am convinced that life is \_\_\_\_\_\_\_\_ percent of what happens to you and \_\_\_\_\_\_\_\_ percent how I react to it!

WE GET TO \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_OUR ATTITUDE

Psalms 34:1-9

DAVID CHOSE TO \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_HIMSELF IN THE LORD!

Difference Between Winners and Losers

Winners don’t search for sympathy through negative voices they \_\_\_\_\_\_\_\_\_\_\_\_\_\_   \_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with the positive voice.

Winners find \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to succeed. Losers find \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to lose.

Winners don’t make excuses they make \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Let’s Make Adjustments

To have an attitude adjustment you have to look \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of your problem and situation and look to the \_\_\_\_\_\_\_\_\_\_\_\_\_ that has the answer for any problem or situation.

Pull The Weeds

Philippians 4:8,9 ; Philippians 2:3-8

5 Things about the proper attitude

1. Do things for the \_\_\_\_\_\_\_\_\_\_ reasons (verse 3)
2. Regard others as more \_\_\_\_\_\_\_\_\_\_\_ than yourself (verse 3)
3. Look out for the interest of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ as you also look after your own (verse 4)
4. Christ \_\_\_\_\_\_\_\_ Himself and was willing to \_\_\_\_\_\_\_\_ others by becoming a man (verse 7)
5. \_\_\_\_\_\_\_\_\_ Himself, was obedient, died to fulfill God’s purpose (verse 8)

BLUE GLASSES

Proverbs 23:7 As a man thinketh so is he.

Strategies for Proper Attitude

1. Evaluate your present attitude and belief systems
2. Identify problem feelings. Ask yourself questions like what attitudes make me feel negative about myself? Your feelings can be an indicator in which way your attitude is headed.
3. Identify Problem Behavior-what attitudes cause you the most problems when dealing with others
4. Identify problem thinking- What thoughts are constantly on your mind, monitor them, then write them down
5. Clarify Biblical Thinking- What does the scriptures have to say about your attitude and havingn right attitudes
6. Secure Commitment- What must I do to change and get better in this area.

Plan and carry out your choice

1. Realize that faith is stronger than fear

Psalms 27:3